

Carer Connect Equine Assisted Learning

Equine Assisted Learning (EAL) offers physically and psychologically safe experiences with horses.

EAL gives participants an opportunity to explore issues or feelings that may be troubling them. It also provides a safe space to simply enjoy being with horses.

No riding is involved in this practice. Individuals do not need to have experience with, or knowledge of, horses to participate.

Carers must be available for all four free sessions:

Tuesday 4, 11, 18 & 25 March

10.30am - 12.30pm

Hamer Equine Assisted Learning (HEAL) Woodend

Registration essential as places are limited.



To register visit

www.bendigohealth.org.au/css/events or
scan the QR code by 4pm March 3.

Bendigo Health Carer Support Services
carersupportservices@bendigohealth.org.au
or call Niki on 03 5454 7719